

# Angels of King's Lynn Working together as a community



## DELIVERY SERVICES IN AND AROUND KING'S LYNN Version 16, updated 14<sup>th</sup> June 2020

Business Name	Location	Telephone No.	Information
<b>Butchers, Bakers, Fruit, Veg, Drink and Provisions</b>			
Van Pelts Butchers & Hog Roast	King's Lynn	01553 773536	Free delivery within 15 mile radius
Wellbread Bakers	Swaffham and surrounding areas	01760 722707	Minimum order £3 plus 50p delivery
Whatahoot	King's Lynn	01485 600888	Gin, tonic and Hootfruit
Smiths The Bakers	King's Lynn	01553 279445	Minimum order £5, pre order the day before
Samuels Farm Shop	Walpole St Andrew	01945 781154	Delivery Monday, Wednesday and Fridays
Howard Butchers	Gayton	01553 636234	Orders to be placed the day before
Howard Butchers	West Newton	01485 542218	Orders to be placed the day before
Goddards of Norfolk (Produce)	Downham Market	01366 388377	Local Free delivery
Vancouver Butchers	King's Lynn	01553 660860	
Norfolk In A Box (Fruit & Veg)	Wereham	07827 777541	
Bowers Butchers	Gaywood	01553 773848	
Wiltshire Farm Food	UK	0800 0773100	
Slingsby & Sons Butchers	Terrington St. Clements	01553 828596	Deliver within 5 mile radius, meals £5 each
Fruit and Veg Stall	Downham Market & surrounding areas	07976 827870	
Mr Bun The Bakers	Hunstanton	07576 666029	
Bramble Bee Farm	King's Lynn	07800 884571	Delivery to King's Lynn area on Fridays
Finchy Fruit and Veg	King's Lynn (free delivery)	07572 333935	Call between 9am-4pm £10 minimum order
M&A Fresh Fruits & Vegetables	King's Lynn	07956 716878	07432 033311 Minimum order £15
Accent Fresh	Downham Market	01366 386633	Delivering around West Norfolk
E N Priors Butchers		01485 542589	Free delivery on orders over £25
Heacham Lavender Farm Shop	Heacham	01485 570002	Free delivery over £10
Kemp Fruit and Vegetables	Hunstanton	01485 535212	Delivering to overs 70s and vulnerable
Richards Butchers	Hunstanton	01485 532830	
Routs Fishmongers	Wisbech	01945 430697	
C&L Newsagents	King's Lynn	01553 764887	Milk, bread, newspapers, cakes, sandwiches
Meadow Market	King's Lynn	01553 661140	Fruit, veg and salad boxes
Norfolk Deli		01485 535540	
Sandringham Apple Juice	Sandringham	07810 310757	Apple and cider – Free delivery in Norfolk
The Little Green Truck	Gayton & Surrounding	07941 688068	Essentials & treats delivered
Thaxters Spar Shop	Dersingham	01485 540224	Delivering to elderly & vulnerable
<b>Restaurants and Cafes offering Delivery</b>			
Happy Tiers	Gaywood	01553 762583	Delivery between 11.30-2pm – 46p per mile
Market Cross Cafe and Bar	Swaffham	01760 336671	
Rose and Crown	Harpley and surrounding villages	01485 521807	
Liquor and Loaded	King's Lynn (5 mile radius)	01553 771216	
Mems Kitchen	King's Lynn	01553 777624	07548 887111
Simply Cook It Norfolk		07767 753413	Home cooked meals
Waffle Opolis	King's Lynn (5 mile radius)	01553 761044	
Archers (Food and Drink)	King's Lynn	01553 764411	
Carousel Cafe	King's Lynn	01553 782539	Delivery of home cooked meals
Black Horse	Castle Rising	01553 631333	
The Foldgate Inn	Stradsett (5 mile radius)	01366 347772	Free deliveries over £20
Dabbling Duck	Great Massingham	01485 520827	Deliveries between 12-8pm
Bircham Windmill	Bircham	01485 578 393	07900 650792 or 07768 393552
Rajasthan Indian Restaurant	King's Lynn	01553 765947	
Three Counties Kitchen	Spalding	07802 427297	
Wootton Fish Bar	King's Lynn (3 mile radius)	01553 675747	Free delivery over £12
The Winch	West Winch (8 mile radius)	01553 767100	Free delivery over £20
Chilli Masters	King's Lynn	01553 765755	
Baytree	Hilgay	01366 385661	Delivering frozen meals
Taste of India	King's Lynn	01553 772343	
That's amore Italian food		07730 784494	
The Angel at Watlington	Watlington	07955 205893	Supporting CD's Diner & Fish Bar
Flames Kebab and Pizza	King's Lynn	01553 773033	
Sweet Things Savoury	Wisbech & King's Lynn	01945 474594	Sunday roasts, afternoon teas etc.
Norfolk Tea Rooms	King's Lynn	07899 681111	Cooked meals
The Daily Grind	King's Lynn	07951 898788	Frozen food to heat up, soups, casserole
<b>Health and Wellbeing</b>			
Tropic with Ellie Hiam	King's Lynn	07500 044747	Free delivery
Rooting for Earth	King's Lynn		<a href="http://www.rootingforearth.co.uk">www.rootingforearth.co.uk</a>
Sarah Jane Smith Arbonne	Swaffham	07983 635583	Free delivery in West Norfolk
Claire Dallas Podiatry	King's Lynn	07891 668050	Footcare advice & treatment

Gratitude 43	King's Lynn	07740 369353	Art & craft boxes for families & care homes
Cloud Cabin & Calm Kids Yoga	Heacham	07968 354431	Phone and Zoom consultation
Nicky Elmer	King's Lynn	07795 105445	Help people overcome anxiety, phobias etc.
<b>Transport</b>			
Darts cars	King's Lynn area	07912 848012	Assist with shopping runs
Economy Carpets (Barry)	King's Lynn area	01553 762878	Shopping Deliveries while his shop is shut
Kings Abbey Taxis	King's Lynn area	01553 767692	Essential travel to GPs, hospital etc.
Connect Cars	King's Lynn	01553 776633	
<b>Garden Centres</b>			
Quality Plants Direct		07876 780082	Free delivery for over £20
<b>Pet Care and Supplies</b>			
Lily's Pet Supplies	Hunstanton area	01485 532271	Deliveries after 5.30pm
Vets4Pets	King's Lynn	01553 782700	Video consultation for those self isolating
<b>Other Services</b>			
Computer Doctor	King's Lynn	01553 672442	Free collection and delivery
Clockwash Launderette & Clock Clean Dry Cleaners	King's Lynn & West Norfolk	01553 770078	Collection and delivery
Storm Computers	King's Lynn	01553 673900	07803 162235 Collection and delivery
Kerry Robinson	King's Lynn	07830 209506	Free review of household bills
C&M Servicing Ltd	King's Lynn	01553 615630	Gas, electric, heating, locks
Adam Wisby	King's Lynn	07538 055313	Emergency plumbing
CRC Electrical & Renewables	King's Lynn	07584 494420	
D&M Howard	King's Lynn	07824 806791	Emergency work on gas and oil boilers
DJL Electrical	King's Lynn	07796 117992	01553 829209
Liam Ellis	King's Lynn	07398 713721	Emergency cover for plumbing and heating
MG Building Maintenance	King's Lynn	01553 771701	Plumbing, heating, electricians, roofers etc.
Enhance	King's Lynn	01553 672941	Locks, glazing, windows and door repairs
Unique Computers Norfolk Ltd		01485 544606	07775 512485
Todd's Home Improvements	King's Lynn	07843 696665	Repair broken windows
Kings Lynn Aerial Installaion	King's Lynn	07580 323157	
S W Electrical	King's Lynn	01485 601379	07895 683150
Magpie Security	King's Lynn	01553 691121	
TELLYtek Aerials	King's Lynn	01553 676007	
Betterware	King's Lynn	07739 563611	Household good, gadgets, cleaning products
Fix Up My Appliance	King's Lynn	0153 813050	Repairs washing machines, cookers etc.

### List of other useful resources:

This is a post of Norfolk county council info/things still available. General contact info is at the first link, I have also tried to provide as many links to things you might need/will be thankful of as I can. <https://www.norfolk.gov.uk/.../have-your-say/contact-norfolk-...>

The general NCC coronavirus page is here: <https://www.norfolk.gov.uk/.../heal.../adults-health/coronavirus>

Support info if you're stuck at home or in receipt of social care:  
<https://www.norfolk.gov.uk/.../community-support-for-people-a-...>

If you are caring for someone and it's getting too much, conditions are worsening etc, Please get in contact with social services for help and support they are still there for you (where possible non-in-person assessments will be done for your safety) <https://www.norfolk.gov.uk/.../coronavirus-information-for-ad-...>

Education at home resources are here: <https://www.norfolk.gov.uk/.../coronavi.../educational-resources>

General school info is here, including free school meal vouchers <https://www.norfolk.gov.uk/.../sch.../coronavirus-school-updates>

Please let us know about the defects in the roads, our highways teams are doing the most urgent repairs only currently, as social distancing the workers does slow the process you can report things here. Normally I try and get out and about as much as I can in the division (Gaywood South) and check the streets but at the moment that's much harder to do so do let us know! <https://www.norfolk.gov.uk/roads-and-tra.../.../report-a-problem>

The libraries are still closed, but ebooks are available, as well as a lot of sessions run online, info here: <https://www.norfolk.gov.uk/libraries-l-.../.../coronavirus-update>

Registration of births and deaths is continuing in a modified form, details in the link, wedding info is available but we don't have a date when registrar services can resume yet in person.  
<https://www.norfolk.gov.uk/.../registration-office-coronavi-...>

There is extra support for the bereaved available at present as we know this is a Very difficult time to lose someone, we will still help you look after your loved ones' final arrangements, do feel free to ask "what do I do?" Questions, it's ok to not know what to do when someone has died, and staff are trained to help you through the process <https://www.norfolk.gov.uk/births-cer.../.../bereavement-support>

Grants and funding info is available here: <https://www.norfolk.gov.uk/business/grants-and-funding>

Lynn museum has online exhibitions available, their social media (as with True's Yard and Stories of Lynn) is worth following for things to do <https://www.museums.norfolk.gov.uk/lynn-museum>

Advice on keeping safe including help if you're being abused, are worried for someone who may be, etc is also available here: <https://www.norfolk.gov.uk/safety>

"Finally, a personal note, I am still "here" as a cllr for all of you in the division (same applies for all my colleagues), am clearing a backlog of correspondence caused by me (probably) having Coronavirus and being incapacitated for a while with it. But I will get to you and render all the help I can, as fast as my weakened self will let me. If you're not sure who your cllr is, there's a find them option here, in the town it can be different from the other side of the road in places."

<https://www.norfolk.gov.uk/.../councillors-meetin.../councillors>

**In need of an emergency food box.** If you do know of someone please email the King's Lynn Rapid Relief Team at [kingslynn@uk-rapidreliefteam.org](mailto:kingslynn@uk-rapidreliefteam.org)

**Borough Council of King's Lynn & West Norfolk News & Events** If you're classed as vulnerable & in need of support, either now or the coming weeks, please call 0344 8008020. Open Monday-Friday from 9am-5pm. <https://www.west-norfolk.gov.uk/coronavirus>

Norfolk community hub helpline 03448008020 to get food boxes delivered, cancelled or chase for help.

**Local business support.** There's a new grant scheme from New Anglia Growth Hub with £10m in the pot to encourage Resilience and Recovery. Call 0300 333 6536 or email [growthhub@newanglia.co.uk](mailto:growthhub@newanglia.co.uk)  
<https://www.newangliagrowthhub.co.uk/10m-package-will-help-norfolk-and-suffolks-businesses-through-covid-19-pandemic/>

**Department for Work and Pensions – DWP** (April 9 at 12:58 PM)

We are doing whatever it takes to make claiming benefits as straightforward as possible while we process an unprecedented number of claims

 Complete your application online

Find out more: <https://www.gov.uk/government/.../don-t-call-us-we-ll-call-you>

**The Panic Room** <https://www.facebook.com/groups/270470287438723/>

Have just set up a group for people who are suffering with mental health issues during this stressful time. Please feel free to join to talk in confidence about any problems or worries. No one will judge you here this group is for anyone. if you have any mental health issues, anxiety, depression, stress, bipolar, PTSD etc, this group is aimed at those with worries, to get support and advice from other people experiencing similar issues. be kind. be polite

**St Faith's Church- Gaywood-** Bundles of essentials delivered to those in Gaywood who find it difficult to get to the shops and do not have the support they need- Tel- 07707 094 990

"Baby Basics, which is based in Dersingham, is delivering Moses baskets, packed with essentials like nappies, blankets, clothing and toys to new mum's", [babybasicswestnorfolk@gmail.com](mailto:babybasicswestnorfolk@gmail.com)

Support for children and young people's mental health and emotional **wellbeing (formerly known as CAMHS)** has also changed. [www.justonenorfolk.nhs.uk/mentalhealth](http://www.justonenorfolk.nhs.uk/mentalhealth) This is now the single place to find out how to access mental health advice and support for 0 -25's in Norfolk & Waveney. The key message is that you don't need a referral, you can get in touch straight away for advice and support. If you need more specialist help, we will make sure you get to the right person.

**Voluntary Norfolk** Like Page

April 17 at 2:42 PM

Over 3000 wonderful people have now registered to volunteer to support Norfolk's Covid-19 Response and over 1300 of them are already with District Hubs in preparation for starting important roles in their local community. More volunteers will be needed in the weeks and months to come though, so if you still want to help it is not too late. Sign up now and be part of this amazing effort! <https://www.voluntarynorfolk.org.uk/.../register-to-voluntee.../>

**Get Coronavirus support** as a clinically extremely vulnerable person <https://www.gov.uk/coronavirus-extremely-vulnerable>

Community Action Norfolk advice for the community groups

[http://www.communityactionnorfolk.org.uk/sites/content/community-responses-covid-19-pandemic?fbclid=IwAR2O1HrtycsiNP7PLzJAWg62RRAH\\_4DjLkHvS5wjV9l34wyY7FxfwiRqfFhs](http://www.communityactionnorfolk.org.uk/sites/content/community-responses-covid-19-pandemic?fbclid=IwAR2O1HrtycsiNP7PLzJAWg62RRAH_4DjLkHvS5wjV9l34wyY7FxfwiRqfFhs)

Worried about **finances** <https://www.entitledto.co.uk> check benefits.

[www.turn2us.org.uk](http://www.turn2us.org.uk)

Turn2us is a national charity that helps people in financial hardship to gain access to welfare benefits, charitable grants and support services – online, by phone and face to face, through partner organisations and our volunteers.

**West Norfolk military charity sets up 'Operation Mirror' for veterans during coronavirus**

<https://www.facebook.com/thebridgeforheroes/> Bridge for Heroes has adapted its services to provide support for armed forces veterans and their families during the lockdown. <https://www.facebook.com/thebridgeforheroes/> · Charity Organization · Armed

Forces

52A South Clough Lane King's Lynn, Norfolk PE301SE 01553 760230

An operation has been launched called Operation Mirror, with planning starting a month ahead of the coronavirus outbreak spreading in the UK. Operating in West Norfolk over the past 10 years, Bridge for Heroes made the decision not to furlough staff but rather to innovate their services to provide crucial support.

As part of Operation Mirror, staff are providing phone support, house visits carried out by highly trained and equipped response teams, as well as supply drops to those in isolation.

The charity has also introduced a Veterans Community Channel, which provides free news, advice and other information about Operation Mirror.

Video conferencing and remote activities are also being provided to military personnel during lockdown.

**HMRC** We are making it easier for new parents to claim Child Benefit. If you're not able to register the birth of your child because of #coronavirus, you can still make a claim to receive Child Benefit - If this is your first child, fill in Child Benefit claim form CH2 and send it to the Child Benefit Office (address on the form). If you haven't registered the birth because of Covid 19, add a note with your claim to let us know. If you already claim Child Benefit, you can complete the form or add your new-born's details over the telephone on 0300 200 3100. You will need your National Insurance number or Child Benefit number. Find out more here <https://www.gov.uk/.../dont-miss-out-claim-child-benefit-by-p...>

**Kings Lynn Foodbank** <https://www.facebook.com/klfoodbank/> Call 07582 558143

**Vulnerable residents** living in the Fens area [https://www.fenland.gov.uk/article/14858/Community-hub-bringing-Fenland-together?fbclid=IwAR0zC3jHN0bFJCB5BmW46R5dLqLm43AdQ5Ex66UyKbV-BO\\_TdC5AJvIMTg](https://www.fenland.gov.uk/article/14858/Community-hub-bringing-Fenland-together?fbclid=IwAR0zC3jHN0bFJCB5BmW46R5dLqLm43AdQ5Ex66UyKbV-BO_TdC5AJvIMTg)

**Lily** information about changes to local groups, activities and events on our Facebook page and additional pages on the Lily Directory. All of these pages are being continually updated and we may add additional pages. [http://asklily.org.uk/kb5/westnorfolk/cd/whats\\_on\\_page](http://asklily.org.uk/kb5/westnorfolk/cd/whats_on_page) The Borough Council's Ask Lily can help vulnerable. There is a county wide phone line: 0344 800 8020

**West Norfolk Community Transport & Shopmobility** At present we are still running all of our services <m.me/westnorfolkcommunitytransport> Call 01553 776971

**West Norfolk Carers** <http://www.westnorfolkcarers.org.uk/> staff are still available to support you by telephone and you can contact them using their work mobile numbers during office hours, and you can still call the main switchboard on 01553 768155.

Managing dental problems at home during <https://www.mydentist.co.uk/dental-health/dental-treatments/managing-dental-problems-at-home-during-covid-19?fbclid=IwAR3iDWI9zkcvjde2BppJKzQzLky5LSV3YGaYK6jAqcSWT7kFvqbxMmVGpKk>

**Purfleet Trust**- The Purfleet Trust was set up as a charity to provide help for single homeless people in King's Lynn and West Norfolk who were not eligible for help from the . <http://www.purfleettrust.org.uk/about-us/contact-us/>

**Council's housing team** 01553 616200 & 03448008020 that's the emergency council number.

**Freebridge Community Housing** <https://www.freebridge.org.uk/> Freebridge is a not for profit housing provider in West Norfolk.

**Night shelter St Anne's Fort** is now being run by the council for anyone on the streets.

**See Something, Hear Something, Say Something** campaign, calling on the public to look out for Norfolk's children and report any concerns. Now, the partnership is reaching out to Norfolk's children and young people, with a social media campaign promoting a new phone line and an extended texting service. The new phone number 0344 800 8029 will be manned by children's social workers at Norfolk County Council, who have extensive training and experience of working with children.

ChatHealth, which can be reached on 07480 635060, is an existing and very popular NHS texting service for young people in Norfolk. It is run by Norfolk Children and Young People's Services and in partnership with social care will be expanding its support and resources to provide the extended safety texting service. Children and young people will be able to contact the services if they are scared, or if they are worried about their friends or other young people.

Chris Robson, Chairman of the Norfolk Safeguarding Children Partnership, said:

*If you See Something or Hear Something that worries you, please Say Something and call us on 0344 800 8020."*

**Adult Learning** have launched a new range of online courses, so you can keep doing, thinking and making during the lockdown. Why not check out the courses available including:

📷 Photography

📖 Maths and English GCSEs

🖥️ Making the most of Zoom

🎨 Family Arts Online

There's something for everyone at [www.norfolk.gov.uk/adultlearning](http://www.norfolk.gov.uk/adultlearning)